



Autism
Community
Store



Developmental
Pathways

RMHS
Rocky Mountain Human Services

Summer Saturdays

FREE all-abilities activities for the whole family

JUNE

June 3

10:30-11:15
Intro Karate Class
with Martial Science Academy

12:00-1:30
D & D Youth
with DM Thomas

2:00-3:30
ConnectTeen
Teen Autistic Hangout

June 10

1:00-3:30
MAC
Adult Autistic Support Group

3:45-5:45
D & D Adult
with DM Thomas

6:00-8:00
Spectrum Parent Adventures
Parent Support Group

June 17

10:30-11:15
Music & Movement
with Rhythmic Roots Music

11:30-12:15
Inclusive Yoga
with Guided by Humanity

June 24

10:30-11:15
Intro Karate Class
with Martial Science Academy

1:00-2:00
LEGOs for Everyone
with Inspire to Learn and Imagine

2:00-3:00
Sleep and Autism
with Dr. Katz **ON ZOOM**

3:00-4:00
Mario Kart Tournament
with Alvi Torcal Sullivan

JULY

July 1

10:30-11:15
Intro Muay Thai Class
with Muay Thai Beyond Limits

12:00-1:30
D & D Youth
with DM Thomas

2:00-3:30
ConnectTeen
Teen Autistic Hangout

July 8

11:30-12:30
Mario Kart Tournament

1:00-3:30
MAC
Adult Autistic Support Group

3:45-5:45
D & D Adult
with DM Thomas

6:00-8:00
Spectrum Parent Adventures
Parent Support Group

July 15

10:30-11:15
Music & Movement
with Tutti Music Therapy

11:30-12:15
Inclusive Yoga
with Guided by Humanity

July 22

10:30-11:15
Intro Muay Thai Class
with Muay Thai Beyond Limits

1:00-2:00
LEGOs for Everyone
with Inspire to Learn and Imagine



Intro Martial Arts Classes

A Sensory-Friendly Introduction to Karate and Muay Thai

Karate with Martial Science Academy: June 3rd & 24th 10:30 AM - 11:15 PM

Muay Thai with Muay Thai Beyond Limits: July 1st & 22nd 10:30 AM - 11:15 PM

Get a taste of two different martial arts styles in inclusive intro classes adapted for neurodivergent children and adults including those with intellectual and developmental disabilities.

Dungeons & Dragons

Neurodiverse groups for all abilities and levels

Youth Group: June 3rd & July 1st 12:00 - 1:30 PM

Adult Group: June 10th & July 8th 3:45 - 5:45 PM

Dungeons and Dragons is a thrilling adventure game exploring the spaces of chance and shared imagination. For youth, D & D helps kids engage with their peers and develop self-advocacy skills. For adults, the group provides an opportunity for quality adult engagement. Newcomers welcome to both groups!

Music & Movement

Music for all

Rhythmic Roots Music Services: June 17th 10:30 AM - 11:15 PM

Tutti Music Therapy: July 15th 10:30 AM - 11:15 PM

Come check out some different fun, interactive, and inclusive music therapy approaches! Celebrate summer, explore some sounds, play some instruments, and make music with others!

Inclusive Yoga

All-abilities, all ages yoga class presented by Guided by Humanity

June 17th & July 15th | 11:30 AM - 12:15 PM

Guided By Humanity is a community-focused non-profit organization filling in the gap by offering inclusive, accessible, and equitable yoga and wellness services for everybody and everyability.

LEGOs for Everyone!

with Inspire to Learn and Imagine (IL2I)

June 24th & July 22nd | 1:00 PM - 2:00 PM REGISTRATION REQUIRED

Calling all Special LEGO Engineers! We inspire curious minds to build cool tools, machines and gadgets. Each month kids build a different model of swings, trains, spaceships, seals, and more! Children follow clear instructions to build and use block programming on a tablet to make projects move! Kids have fun while learning something too!

Sleep and Autism: It Can Get Better!

presented by Terry Katz, PhD, Licensed Psychologist and Senior Instructor with Distinction, University of Colorado School of Medicine

June 24th | 2:00 PM - 3:15 PM ON ZOOM

Designed for those who want to learn more about sleep, this training explores why people on the spectrum (ALL AGES) may have difficulty sleeping, and ways to have better sleep. The session will be informative and practical and will provide people with ideas that they can use at home.

Scan to join
ZOOM Meeting:



Mario Kart Tournaments!

June 24th: 3:00 PM - 4:00 PM

July 8th: 11:30 AM - 12:30 PM

Are you ready for a fun, fast-paced competition between friends? Come test your racing skill against other participants at a Mario Kart Tournament held by the Autism Community Store. Using a Joy-Con Steering Wheel and playing on a Nintendo Switch, see if you have what it takes to be the last competitor standing. Pit crews are welcome, so bring a sibling, parent, or caregiver with you to join in the fun!
Please arrive on time if you want to compete.

